Chastity, Dating and Theology of the Body

1. **Finding the Love That Satisfies**

Is finding real love still possible? In this presentation, Simon shares a few ways that living out the virtue of chastity is the ultimate way to begin loving your future spouse before you meet them and find the love that satisfies them.

2. **How to Date with Passion and Purpose**

How do you know if you're more than friends? In this presentation, Simon will offer 7 ways to approach dating that will eliminate drama and free couples to date purely, honourably, and sincerely.

Theology of the Body

3. **The Beauty and Sacramentality of the Body**

Have you ever wondered why God made you the way He did? In this presentation, Simon will give an overview of the fundamental concepts in St John Paul the Great's Theology of the Body. This teaching will transform the way you see yourself, others and the gift of your sexuality - forever!

4. **Sexual Desire: A Call to Love**

Isn't strong sexual desire the same as lust? In this presentation, Simon will share the true meaning of sexual desire as the power within us to love in the image of God. The goal of purity is not the repression of desire, but the reorientation of desire to God, who alone can satisfy. This talk will actually teach you how to respond to and overcome sexual temptation!

5. **Love vs Lust**

Is it really possible to stop lust in our hearts? In this presentation, Simon will draw from JPII's commentaries in His Theology of the Body and share how Jesus did not come just to give us coping mechanisms for our lust, but to experience a true redemption of our hearts, our desires and sexuality, so we can experience the freedom from lust and the freedom to love!

6. **Heaven and the Resurrection of the Body**

Will we have our bodies and our spouses in Heaven? In this presentation, Simon will draw from JPII's commentaries in his Theology of the Body to explore the concepts of the bodily resurrection and whether we will remain married to our spouse in heaven. This is a fun and fascinating talk!

7. **Celibacy for the Kingdom**

Have you considered giving your life entirely to God as a celibate priest, religious or consecrated single? In this talk, Simon will draw from JPII's commenatires in his Theology of the Body to unpack the beautiful gift that celibacy for the kingdom is. After this talk, you will not think of celibacy as something you give up as much as it is something you take up for God and the Kingdom!

8. **Marriage: The Great Mystery**

What is God's glorious plan for marriage? In this presentation, Simon will draw from JPII's commentaries in his Theology of the Body to reveal God original plan for man and woman, the Sacrament of Marriage and the sexual embrace.

9. **Openness to Life, NFP and Contraception**

What's the big deal about contraception? Does God really expect Catholic families to have as many children as possible? In this presentation, Simon will draw from JPII's commentaries in his Theology of the Body and unpack St Paul VI's encyclical letter, Humanae Vitae to unveil God's beautiful plan for sex, love and life. You will walk away from this talk understanding what openness to life really means and the major differences between NFP and Contraception.

Pornography

10. **The Real Reason You Look at Porn and How to Stop**

What is so harmful about pornography? In this presentation, Simon will share his testimony of being addicted to pornography for several years before experiencing freedom. He will share his top 10 tips for breaking free and staying free!

11. **#7 Spiritual Weapons to Breaking Free From Porn**

Is it possible to break free? In this presentation, Simon will share the #7 Spiritual weapons that are essential if we are to overcome the vice of pornography. Pornography is a spiritual battle, and we need to be equipped with the armour of God to be victorious!

12. **Healing From Pornography**

Is it possible to live without porn? In this presentation, Simon shares the wisdom he has gained from coaching hundreds of men and women individually, emphasising the importance of creating a rhythm and routine that encourages purity. This talk will walk you through 15 practical ways we can structure our lives to live porn free!

13. **Sexual Sin, Moral Culpability and the Eucharist**

Can I receive the Eucharist if I have sinned against sexual purity? In this presentation, Simon will address a very serious issue, knowing when to receive and abstain from receiving Holy Communion. This talk will discuss venial and mortal sin, the psychology of addiction, moral culpability, good and bad pastoral advice, scrupulosity, and much more!

Dating

14. **Is This The One?**

How can I know if this is "The One?" In this presentation, Simon offers some practical ways to know if the person you are discerning or currently in a relationship with is the one you should marry. This is possibly the most important decision you will ever make. This talk will give you important tools for discernment.

15. **Can Men and Women Be Best Friends?**

What if we promise each other we will never develop feelings for each other? In this presentation, Simon will share why healthy boundaries are necessary for other-sex friendships and why having the best friendships with members of the other sex can bring about confusion, pain and infidelity

16. **Lead: How to Become a Man Worth Following (Men Only)**

The Catholic man is an endangered species. Our culture is desperate for men to stand up, embrace their faith, and become men willing and able to lead their wives, children, and culture to God. In this presentation, Simon will exhort all Catholic men to lead, serve, protect and defend the Church, their wives and children!

Engaged Couples

When Engagement Gets Tough

Why is engagement so hard? In this presentation, Simon draws on the difficulties he faced during his engagement period to help other engaged couples weather the storms this season can bring. If you are hoping to have a holy marriage, you'd better believe Satan is going to attack your love. Here is how to not let Him win!

Parents and Married Couples

17. **Parenting Purity (1 or 2-Talk Event)**

How can I talk to my teen about sex? Simon draws from his own upbringing and youth ministry experience to bridge the gap between teens and their parents. Find out how to guide your teen through the difficult years to ensure they give and receive the love they were made for!

18. **How to Build Authentic Intimacy**

Why aren't we in love anymore? Simon powerfully presents the truth that nothing is more important or urgent than the relationships in our lives. Find out how to commit each day to building strong, intimate and deeply meaningful relationships!

19. **The Power of Words and the Art of Listening**

How should I speak to my spouse? In this presentation, Simon will share the power and impact that your words can have on your spouse. Words have great power. Power to tear down, or power to build up. Remember, Jesus says we will be called to account for every idle word we utter (Matt 12:36).

20. **The Joy of Married Love**

Is married love really joyful? In this presentation, Simon draws on the wisdom of St Paul's Letter to the Corinthians and Pope Francis' Amoris Laetitia to offer practical ways for married couples to grow in love and affection for one another.